

Psychology of Personality
PSY 334
ID 1758

Spring 2010

Instructor: Dr. Mahinur A. Mamatova

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Prerequisites: PSY 101, 104 or PSY 102 or PSY 105

Course Status: required

Credits: 3

Classes: 1st group – Monday 12:45 pm; 2:10 pm; 2nd group – Tuesday 12:45 pm; 2:10 pm

Language of teaching: English

Course Description:

This course is an introduction to basic psychological approaches to explanation the nature of human personality. It will explore classical theories of personality. The course sustains an advanced study in Abnormal Psychology, Counseling Psychology, and Organizational Psychology.

Course Objectives:

Upon successful completion of this course, student will be able to:

1. Describe major divisions in the study of personality – theory, structure, development, and dynamics
2. Understand intrinsic and extrinsic factors that influence individual behavior;
3. Recognize the enduring features that differentiate people;
4. Identify personality profiles associated both with psychological well-being and psychological disturbance

Text:

Magnavita, Jeffrey J. (2002). Theories of personality: contemporary approaches to the science of personality. New York: John Wiley & Sons, Inc.

Or

Feist, Jess & Feist, Gregory, J. (1998). Theories of personality, 4th ed. McGraw-Hill, Inc.

Recourses:

Library of the American University of Central Asia

AUCA electronic databases, Internet

Course Requirements

1. Classroom attendance is required – **60 points**. Attendance will be taken as a percentage of the final appraisalment (see below). To be in class on time is expected. Late students will NOT be admitted into the class. Please finish up your personal businesses before class begins. Student is expected to be on class during entire class - time with no early leaving. Poor attendance may become a serious reason to administrative drop (see below my policy to the grade of “X”). If you missed classes by reason of general medical condition or emergency case this will not influence your attendance rate.

2. Readings: During the course each student is required to read a certain number of primary sources. Student is expected to prepare comprehensive analysis of original article to each class scheduled for reading control. There will be class discussion of the article. 15 obligatory readings are scheduled for the course (see Class Schedule below). Each is worth 5 points. The maximum possible points for this assignment are **75 points**.

Grading criteria for readings:

Understanding of main thoughts of article/ an ability to integrate a material 3 points

Understanding of terminology 1 points

Clarity and Accuracy 1 points

5 points

3. Presentation – 75 points. Each student will be required to elaborate thematic presentation on topics listed below (see Class Schedule). This is your right to perform team-presentation. Creativity in performance of original idea is strongly encouraged. Please see the instructor to discuss topic of presentation and other relevant issues ahead of time.

Grading Criteria for Presentation

Content	15 points
Understanding	15 points
Criticism	15 points
Ability to Answer Questions	10 points
Clarity of statements	10 points
Performance	<u>10 points</u>
	75 points

4. Term Paper – 105 points. Each student will be required to complete a literature review term paper. The paper should be a comprehensive analytical review of the classical and contemporary literature sources. All students prepare their term papers on the one common topic, which is “Comparative analysis of basic psychological approaches to understanding human personality: Psychodynamic theories, Behavioral-Cognitive models, and Phenomenological perspective”. The student should demonstrate the following knowledge and skills:

- a) To understand and clearly articulate the core idea of each theoretical approach
- b) To operate with basic terminological apparatus of each perspective
- c) To differentiate basic assumptions of theoretical approaches
- d) To recognize advantages and limitations of basic personality models

At least 10 sources must be referenced. This includes books, monographs, and professional journal articles. At least 5 of these sources must be represented in original studies. You are strongly recommended to attend individual consultations to discuss your paper plan, major thoughts, and analytical part. All written assignments to be done the font style Times New Roman, font size 12, double space, and 15 pages. The term paper format should follow the American Psychological Association (APA) style. Please see APA Student Writer’s Manual (1999) for detail*. The paper should be printed out and submitted up to my office by **April 30, 5:00 pm**. Late papers will NOT be accepted for any reasons.

Grading Criteria for Term Paper

Topic elaboration	25 points
Integration of Material/References	25 points
Analytics, Logic and Criticism	25 points
Terminology	15 points
Format and Literacy	15 points

105 points possible

5. Quizzes: Five quizzes will be given during the semester. Quizzes will cover the information surveyed the textbooks, lecture materials, discussion, readings, factual information, and other illustrative material. Quizzes will be short answer essay, multiple choices, analysis of study case, and true-false. Each quiz will be running over the first 30 minutes of class. The exam is worth 50 points each.

6. Final Exam: The final will be given during the session time. This exam will cover all factual materials of the course plus the information from class discussions. If you miss a scheduled exam, you must hold an oral make up exam with the instructor within three (3) days of the exam. Failure to do so will result in a score of 0 on the missed exam. The exam will be multiple choice and short answers. The exam will be worth **100 points**.

Course Grading Scale

Attendance	60 points
Readings	75 points
Presentation	75 points
Term Paper	105 points
Quizzes	250 points
Final Exam	100 points

665 points

A = 600-665 points
A- = 540-599 points
B+ = 490-539 points
B = 440-489 points
B- = 380-439 points
C+ = 330-379 points
C = 280-329 points
C- = 230-279 points
D = 180-229 points
F = below 180

There are no extra-assignments for this course. However bonus (up to 30 points) will be given for creativity and independence of thoughts.

Don't ask the instructor to grade you "X". The grade of "X" is an exclusive right of the teacher to dismiss student from the course in order to systematical violation the AUCA attendance policy. 10 classes missed will be considered as a serious basis to grade of "X".

The grade "I" (Incomplete) is under the general AUCA regulations (see AUCA Catalog).

Course Cheating Policy

The proven cases of plagiarism will be processed by AUCA Academic Dishonesty Policy. If you do not understand clearly what plagiarism is, please see the instructor or apply to any other accessible explanatory source. To prevent cases of academic dishonesty get accurate with references. Follow APA Student Writer's Manual (1999) to document bibliography sources correctly.

Course Conduct Policy

Norms and rules of academic conduct are common for everyone on-campus. Politeness and intelligence of personal behavior are unconditionally expected. Recurrent cases of academic misconduct will be a reason to administrative drop from the course. Please turn off your cells, beepers and other ring sounders. If you are waiting for important call set the cell on regime "vibration". Finish up your breakfast or taking a snack before coming to class. Don't chat on the class. It interrupts my attention and attention of your classmates.

Good luck!

Class Schedule

Date	Topic	Basic Definitions	Required Readings	Comments
01/11 01/12	Introduction to syllabus Definition of Personality	Personality; Persona; Theory; Empirical evidence; Traits, Dispositions; Consistency; Behavior		Discussing personality as a psychological phenomenon. How do psychologists define personality and use the concept of personality?
01/11 01/12	Theories of personality. Psychoanalytic approach to personality. Freud and Classic Psychoanalysis.	Basic theoretical concepts of classic psychoanalysis: mental apparatus, homeostasis and hedonism, reality principle, pleasure principle, psychological energy, the instincts, psychological determinism, libido and Tanatos.	Sigmund Freud, <i>The History of the Psychoanalytic Movement</i>	
01/18 01/19	Classic Psychoanalysis: pre-genital phases of libido development	Sexual instinct and Death instinct. Erotogenic zones. Fixation. Repression. Personality structure: The Id, the Ego, and the Super-Ego	Sigmund Freud, <i>The History of the Psychoanalytic Movement</i>	Reading control # 1 Analysis and discussion
01/18 01/19	Classic Psychoanalysis: Oedipus Complex	Repression of libido, ambivalence of motivations, castration anxiety and castration complex; phallic fixation; anxiety, Ego and defense mechanisms; psychological conflict	Sigmund Freud, <i>The I and the It</i> Sigmund Freud, <i>An Introduction to Psychoanalysis. The general theory of neurosis.</i>	Reading control # 2 21 st Lecture “Libido development and sexual organization” analysis and discussion
01/25 01/26	Classic Psychoanalysis: anxiety and defense mechanisms. The general theory of psychological disorders.	Resistance and Repression. The onset of symptoms. Latent meaning of symptoms. Dreaming. Manifest and hidden thoughts of dreams.	Sigmund Freud, <i>An Introduction to Psychoanalysis. The general theory of neurosis.</i>	Reading control # 3 23 rd Lecture “The ways of symptoms development” analysis and discussion
01/25 01/26	Classical Psychoanalysis: The general theory of psychological disorders.	The transference	Sigmund Freud, “ <i>Analysis of phobia of 5 year-old boy</i> ”	Reading control # 4
02/01 02/02	Quiz #1 Revision of Classic Freud’s Psychoanalysis: Rivals to Freud.	Revising the central role of Oedipus Complex in process of personality development. Limitations of Freud’s Psychoanalysis		
02/01	The Analytic Psychology of Carl	Archetypes and Collective	Carl Gustav Jung, <i>Analytical Psychology</i>	Reading control # 5 Discussing basic assumptions of the

02/02	Gustav Jung: basic theoretical concepts.	Unconsciousness; libido, individuation, extraversion and introversion		Analytical Psychology http://www.lib.ru/PSIHO/JUNG/
02/08 02/09	The Analytic Psychology of Carl Gustav Jung: personality structure	Persona, shadow, anima, animus, the self	Carl Gustav Jung, <i>Analytical Psychology</i>	Reading control # 6 Comparative analysis of personality structure in Classic psychoanalysis and Analytical psychology
02/08 02/09	Alfred Adler's Individual Psychology: basic concepts.	Social interest, fixation finalism, will to power, superiority striving and superiority complex; inferiority complex; castration complex and masculine protest; general goals and life styles	Alfred Adler, <i>Basic Principles of Individual Psychology</i>	Reading control # 7 Comparative analysis of motivational forces in Classic Psychoanalysis, Analytical psychology, and Individual psychology http://www.lib.ru/PSIHO/ADLER/
02/15 02/16	Neo-Freudians	Social and cultural basis of personality	Karen Horney, <i>The Neurotic Personality of our Time</i>	Reading control # 8 Discussing basic assumptions of Horney's theory
02/15 02/16	Neo-Freudians	Harry S. Sullivan and interpersonal approach; Erich Fromm: Individual and society.	Erich Fromm, <i>Escape from Freedom</i>	Reading control # 9 Analysis and discussion the chapter "Mechanisms of escape" http://www.lib.ru/PSIHO/FROMM/
02/23 02/27	Melanie Klein's Object relations theory	Sexual instinct, Death instinct, projection		Comparative analysis of Classic psychoanalysis and Object relations theory to understanding personality
02/22 03/02	Quiz # 2 Learning approach to personality	Learning Principles Stimulus – Response learning. Habits and drives. Classical Pavlovian conditioning. Operant conditioning Extinction. Observational learning.	Dollard and Miller research	Comparative analysis of Psychodynamic approach to personality and Learning approach to personality
03/01 03/02	Learning approach to personality: reinforcement theory	Operant conditioning. Radical behaviorism. Operant Reinforcement. Applications and Limitations of Operant Reinforcement Theory	B-F. Skinner, <i>The Behavior of Organisms: An Experimental Analysis</i>	http://behavior.romek.ru Reading control # 10 Discussing basic assumptions of Radical behaviorism
03/01 03/02	Learning approach to personality: Albert Bandura's Social Learning Theory	Modeling and imitation, observation, learning and memory. Applications and Limitations of Social Learning Theory.	Albert Bandura, <i>the Social Learning Theory</i>	Reading control # 11 Discussing limitations of Social Learning Theory http://behavior.romek.ru
03/15 03/16	Cognitive approach to personality	The theory of personal constructs	George Kelly, <i>A theory of personality. The psychology of personal constructs</i>	Discussing repertory grids principles by Kelly
03/15 03/16	Cognitive approach to personality	Wolpe, Beck and Ellis: concepts of cognitive mechanisms of	Albert Ellis, <i>Reason and Emotions in Psychotherapy</i>	Reading control # 12 Discussing cognitive-behavioral modifications

		personality development.		
03/22 03/23	Quiz # 3 Phenomenological Theories of Personality: basic concepts of existential - humanistic approach to understanding personality	Subjective experience as psychological phenomenon. The existence of human being. The principle of here-and-now. Personal constructs.		Comparative analysis of psychodynamics, cognitive-behavioral, and phenomenological perspectives
03/22 03/23	Phenomenological Theories of Personality: Carl Rogers' The Person-Centered Theory	Personal growth; The I; the Real I image; the Ideal I image; defense mechanisms; unconsciousness; here-and- now principle; subjective experience	Carl Rogers, <i>The Client-Centered Therapy</i>	Reading control # 13 Discussing basic assumptions of client-centered approach by Rogers http://rogers.hpsy.ru/publication.php
03/29 03/30	Phenomenological Theories of Personality: Abraham Maslow's theory of personality	Maslow's Organismic Humanism. Self-Actualization and Hierarchy of Needs	Abraham Maslow, <i>Motivation and Personality</i>	Reading control # 14 Heterostatic concept of personality motivations http://lib.ru/PSIHO/MASLOU/ http://maslow.hpsy.ru
03/29 03/30	Gestalt – psychology: Fritz Pearls approach to personality	Gestalt; perception; perceptual phenomena; gestalt-therapy	Fritz Perls, <i>In and Out the Garbage Pail</i>	Reading control # 15 www.gestalt.lv http://www.koob.ru/perls/
04/05 04/16	Phenomenological Theories of Personality	Applications and limitations of the Phenomenological approach.		Discussing advantages and limitations of phenomenological approach to personality
04/05 04/06	Quiz # 4 The personality and the character	The character; body ego; ego development; somatic dynamics of character structure		Теория черт.
04/12 04/13	The personality and the character: Wilhelm Reich	The analysis of character; Types of character	Wilhelm Reich, <i>Analysis of Character</i>	Discussing basic assumptions of Orgone theory http://www.sonoma.edu/users/d/daniels/reichlecture.html http://www.orgonelab.org/wrhistory.htm http://www.orgone.org/articles/ax2000nina-01.htm
04/12 04/13	The personality and the character: Wilhelm Reich & Alexander Lowen	The bioenergetic analysis; Types of character; Applied issues of character analysis	Alexander Lowen, <i>Physical dynamics of character structure</i>	http://www.koob.ru/lowen/
04/19 04/20	Quiz # 5 Applications, Research, and Future Directions	The utility of sociocultural approach to personality; Personality and political behavior		
04/19 04/20	Applications, Research and Future Directions	The politicization of personality and psychopathology;		

		theories of personality and development of new models of psychotherapy		
04/26 04/27	Course Review	Basic definitions and concepts of the course Psychology of Personality		General consultation to the final exam
04/26 04/27	Course Review	Applied issues of theories of personality		General consultation to the final exam
04/30 5:00 pm	Term Paper Due			
05/10 05/11	Final exam			

* Jill M. Scott, Russell E. Koch, Gregory M. Scott, Stephen M. Garrison (1999). *The Psychology Student Writer's Manual*. Prentice Hall, Inc.