

Psychology of Personality

PSY 334; ID 1758

Theories of Personality

PSY 204

Spring 2014

Instructor: Dr. Mahinur Asanovna Mamatova

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Office Hours: M. 3:30 pm- 5:00 pm by previous appointment

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Prerequisites: Intro to Psychology or General Psychology

Course Status: required

Credits: 3

Classes: M. 12:45 pm; 2:10 pm

Language of instruction: English

Course Description:

This course is an introduction to basic psychological approaches to explaining the nature of human personality. The course will explore classical theories of personality. This course is a platform for advanced study in Abnormal Psychology, Counseling Psychology, and Organizational Psychology.

Course Objectives:

Upon successful completion of this course, student will be able to:

1. Describe major divisions in the study of personality – theory, structure, development, and dynamics
2. Understand intrinsic and extrinsic factors that influence individual behavior;
3. Recognize the enduring features that differentiate people;
4. Understand basic factors that might lead to the onset of psychological disturbance.

Text-book:

Magnavita, Jeffrey J. (2002). Theories of personality: contemporary approaches to the science of personality. New York: John Wiley & Sons, Inc.

Or

Feist, Jess & Feist, Gregory, J. (1998). Theories of personality, 4th ed. McGraw-Hill, Inc.

Course Requirements

1. Classroom attendance is required – **60 points**. To be in class on time is expected. Late students will NOT be admitted into the class. Please finish up your personal businesses before class begins. Student is expected to be on class during entire class - time with no early leaving. Missed class by reason of general medical condition or emergency will NOT affect your attendance rate.

2. In-class work – 60 points. You are expected to take active part in on-class discussion of the assigned article, presentation, textbook chapter, and study case.

3. Presentation – 75 points. Each student will be required to make one presentation. Topics can be selected from class themes available below (see Class Schedule). This is your right to perform joint presentation. Creativity in performance of original idea is strongly encouraged. Please see the instructor to discuss a topic of your presentation ahead of time.

Grading Criteria for Presentation

Content	15 points
Understanding	15 points
Criticism	15 points
Integration of Material	10 points
Clarity of statements	10 points
Performance	<u>10 points</u>
	75 points

4. Term Paper – 105 points. Each student will be required to complete a 6 page literature review term paper. The paper should be a comprehensive analytical review of the classical and contemporary literature sources. All students prepare their term papers on the one common topic, which is “Comparative analysis of basic psychological approaches to understanding human personality: Psychodynamic theories, Cognitive-Behavioral models, and Phenomenological perspective”. The student should demonstrate the following knowledge and skills:

- a) Understand and clearly articulate the core idea of each theoretical approach
- b) Understand differences and commonalities of basic theoretical approaches
- c) Proper use of terminology
- d) Recognize advantages and limitations of classical personality theories

At least 4 primary sources must be referenced. You are strongly recommended to attend individual consultation to discuss your paper plan as well as revisions. Rough draft of the paper should be submitted by **March 24** via e-course. The final paper submission due date is **May 5** (via e-course). Both rough draft and final paper should be written in American Psychological Association (APA) style. Late papers will NOT be accepted.

Grading Criteria for Term Paper

Theme development	20 points
Integration of Material/References	17 points
Analysis, Logic and Criticism	18 points
Rough Draft	30 points
Terminology	10 points
Format and Literacy	10 points

105 points possible

5. Quizzes: Three quizzes will be given during the semester. Quizzes will cover the information surveyed the textbooks, lecture materials, discussion, readings, factual information, and other illustrative material. Quizzes will be short answer essay, multiple choices, analysis of study case, and true-false. Each quiz will be running over the first 30 minutes of class. The exam is worth 25 points each.

6. Final Exam: The final will be given during the session time. This exam will cover all factual materials of the course plus the information from class discussions. If you miss a scheduled exam, you must hold an oral make up exam with the instructor within three (3) days of the exam. Failure to do so will result in a score of 0 on the missed exam. The exam will be multiple choice and short answers. The exam will be worth **100 points**.

Course Grading Scale

Attendance	60 points
In-class work	60 points
Presentation	75 points
Quizzes	75 points
Term Paper	105 points
Final Exam	100 points

475 points

A = 443-475 points

A- = 407-442 points

B+ = 376-406 points

B = 345-375 points

B- = 314-344 points

C+ = 283-313 points

C = 252-282 points

C- = 221-251 points

D = 190-220 points

F = below 190

There are no extra-assignments for this course. However bonus (up to 20 points) will be given for creativity and independence of thoughts.

Course Cheating Policy

The proven cases of plagiarism will be processed through AUCA Academic Dishonesty Policy. Don't cheat on exams. Document your references properly to prevent case of plagiarism. See APA Student's Writer Manual.

Course Conduct Policy

Norms and rules of academic conduct are common for everyone on-campus. Politeness and intelligence of personal behavior are unconditionally expected. Please turn off your cells, beepers and other ring sounders. If you are waiting for important call set the cell on regime "vibration". Finish up your breakfast or taking a snack before coming to class. Don't chat on the class. It interrupts my attention and attention of your classmates.

Course Themes

Date	Topic	Basic Definitions	Discussion	Presentation Topic and Recommended Reading
01/13	<p>Introduction to syllabus Definition of Personality. Theories of Personality.</p> <p>Psychodynamic approach to Personality. Freud and Classical Psychoanalysis.</p>	<p>Personality; Persona; Theory; Empirical evidence; Traits, Dispositions; Consistency; Behavior.</p> <p>Basic theoretical concepts of classical psychoanalysis: mental apparatus, homeostasis and hedonism, reality principle, pleasure principle, psychological energy, the instincts, psychological determinism, libido and Tanatos.</p>	<p>How do psychologists define personality and use the concept of personality?</p> <p>Psychological determinism and multiple layers of the psyche.</p>	
01/13	Classical Psychoanalysis: pre-genital phases of libido development	Sexual instinct and Death instinct. Erotogenic zones. Fixation. Repression. Personality structure: The Id, the Ego, and the Super-Ego	Repression of Libido	Recommended reading: Sigmund Freud, <i>The History of the Psychoanalytic Movement</i>
01/20	Classical Psychoanalysis: Oedipus Complex	Repression of libido, ambivalence of motivations, castration anxiety and castration complex; phallic fixation; anxiety, Ego and defense mechanisms; psychological conflict; Identification	Oedipus Complex - the central concept of Classical Psychoanalysis	Recommended reading: Sigmund Freud, <i>The History of the Psychoanalytic Movement</i>
01/27	Classic Psychoanalysis: anxiety and defense	Resistance and Repression. The onset of symptoms. Latent meaning of	The symbolism of dreams	

	mechanisms. The general theory of psychological disorders.	symptoms. Dreaming. Manifest and hidden thoughts of dreams. The transference and counter-transference		
02/03	Quiz #1: Basic assumptions of Classical Psychoanalysis			
02/03	Revision of Classical Freud's Psychoanalysis: Rivals to Freud. The Analytical Psychology of Carl Gustav Jung: basic theoretical concepts.	Revising the central role of Oedipus Complex in process of personality development. Archetypes and Collective Unconsciousness; libido, individuation, extraversion and introversion. Persona, shadow, anima, animus, the self	Advantages and limitations of Freud's Psychoanalysis Basic assumptions of Analytical Psychology	Presentation: Revisions of Classical Psychoanalysis: Carl Gustav Jung and Archetypes of Collective Unconsciousness Recommended reading: C.G. Jung, <i>Memories, Dreams, Reflections</i>
02/10	Alfred Adler's Individual Psychology: basic concepts.	Social interest, fixation finalism, will to power, superiority striving and superiority complex; inferiority complex; castration complex and masculine protest; general goals and life styles	Basic assumptions of Individual Psychology	Presentation: Alfred Adler's view on personality Presentation: Comparative analysis of motivational forces in Classic Psychoanalysis, Analytical psychology, and Individual psychology Recommended reading: Alfred Adler, <i>Basic Principles of Individual Psychology</i>
02/17	Neo-Freudians	Social and cultural basis of personality	Individual and society: Neo-Freudian perspective	Presentation and Recommended reading: Karen Horney, <i>The Neurotic Personality of our Time</i> Presentation and Recommended reading: Erich Fromm, <i>The Heart of Man, its genius for good and evil</i>
02/24	Quiz # 2: Revisions and Upgrade of Classical Psychoanalysis			

02/24	Learning approach to personality	Learning Principles Stimulus – Response learning. Habits and drives. Classical Pavlovian conditioning. Operant conditioning Extinction. Observational learning	The phenomenon of a conditioned reflex	Presentation: Classical Respondent Pavlovian Conditioning
03/10	Learning approach to personality: reinforcement theory	Operant conditioning. Radical behaviorism. Operant Reinforcement. Applications and Limitations of Operant Reinforcement Theory	On-class discussion: basic assumptions of Radical behaviorism	Presentation: Basic assumptions of Reinforcement Theory Recommended reading: B-F. Skinner, <i>The Behavior of Organisms: An Experimental Analysis</i>
03/17	Learning approach to personality: Albert Bandura’s Social Learning Theory	Modeling and imitation, observation, learning and memory. Applications and Limitations of Social Learning Theory.	On-class discussion: Advantages and limitations of Social Learning Theory	Presentation and Recommended reading: Albert Bandura, <i>The Social Learning Theory</i>
03/24	Cognitive approach to personality Rough Draft Paper Due	The theory of personal constructs	George Kelly and the Fundamental Postulate	Presentation and Recommended reading: George Kelly, <i>A theory of personality. The psychology of personal constructs</i> Draft should be uploaded on e-course
03/31	Cognitive approach to personality	Albert Ellis and the A-B-C’s	Application of Cognitive Theory	Presentation: “I think therefore I have a Personality”
04/07	Gordon Allport: Trait Theory	The proprium. Personal dispositions. Central traits. Secondary traits. Cardinal traits. Psychological maturity. Functional autonomy.	Personality through the prism of Trait Theory	Presentation and Recommended reading: Gordon Allport, <i>Pattern and growth in personality</i>
04/14	Quiz # 3: Learning			

	approach and Cognitive theories			
04/14	Phenomenological Theories of Personality: basic concepts of existential - humanistic approach to understanding personality	Subjective experience as psychological phenomenon. The existence of human being. The principle of here-and-now. Personal constructs. Personal growth; The I; the Real I image; the Ideal I image; defense mechanisms; unconsciousness; here-and- now principle; subjective experience	An experiencing subject and principle here-and- now	<p>Presentation and Recommended reading: Carl Rogers, <i>The Client-Centered Therapy</i></p> <p>Presentation: Comparative analysis of psychodynamics, cognitive-behavioral, and phenomenological perspectives</p>
04/21	Phenomenological Theories of Personality: Abraham Maslow's theory of personality	Maslow's Organismic Humanism. Self-Actualization and Hierarchy of Needs	Actualizing tendency	<p>Presentation and Recommended reading: Abraham Maslow, <i>Motivation and Personality</i></p> <p>Presentation: Applications and limitations of the Phenomenological approach.</p>
04/28	Course Review			
05/05	Term Paper Due			Paper should be uploaded on e-course
TBA	Final Exam			