# **Internship Policy**

#### Purpose

An internship is a pre-professional, educational experience, where students have an opportunity to enhance their theoretical knowledge by applying it in practice. The main goal of an internship is for students to gain practical skills related to their specializations in a real-world work setting. In its entirety, internship is an effective way for students to prepare for their future careers. Generally, the internship should involve a minimum of four weeks of full time work (160 working hours in total). It corresponds to 3 cr. course. If the Internship work is conducted in a part-time manner, this minimum total working hour requirement still applies. All degree-seeking undergraduate students must complete an internship in order to graduate.

**Practical** internship is more goal-oriented. At this time, students are already familiar with the life of a professional and they expect to gain concrete practical skills in their particular field. The purpose of this internship is for students to reinforce their theoretical knowledge and to obtain deepened practical skills related to their specializations. They also learn in greater detail about organizational structure and corporate culture.

#### Expectations

An internship is a multi-dimensional experience and students should expect to benefit in several ways. During their internships, they will have a chance to:

- 1. Apply their knowledge from the classroom in an actual work setting,
- 2. Gain practical skills and learn where further improvements are needed,
- 3. Meet and network with potential future employers,
- 4. Develop an understanding of an organization and its mechanisms,
- 5. Acquire relevant experience essential for their future careers,
- 6. Learn important professional skills that are valuable in any field such as
  - interview;
  - data gathering, data guide;
  - survey;
  - write summary, text analysis;
  - presentation oral and written;
  - prepare minutes;
  - briefing paper/ memo;
  - conference/ workshop organization;
  - drafting abilities;
  - translation work in different languages;
  - intercultural communication skills;
  - critical thinking skills

*Note:* Internships are first and foremost educational experiences, and as such, they should not comprise regular clerical duties, such as making copies and fetching coffee.

As representatives of the American University, students are expected to conduct themselves in accordance with the values of AUCA. At the internship site students have to perform their responsibilities in a professional and dutiful manner.

#### **Reporting an internship**

It is the student's responsibility to find an internship. Students may consult their departmental advisors or the University's Advising and Career Services office if they require guidance in their search. However, the University cannot guarantee positions, and ultimately, students need to ensure their own placement.

#### Declaration of Internship

An internship site must be approved by the departmental supervisor. For this purpose, students need to fill out a *Declaration of Internship* form (see attachment 1). They should meet with the advisor and briefly describe the organization where they would like to intern and their anticipated duties. Once a chosen site is approved, students may undertake the internship. While working in the organization, students must fill out relevant documents that are required by their home departments.

#### **Evaluation** Form

At the conclusion of an internship, students need to ask their organization supervisor for an *Evaluation* form (see attachment 2). Having completed the form, the on-site supervisor should send it directly to the departmental supervisor. Organization supervisor will provide a *recommendation letter* in addition to the evaluation form.

#### Final Report

After completing the internship, students must submit a report in accordance with departmental guidelines. If a student's internship generated a product, such as a journal article or a software program, then the student needs to demonstrate this product during the oral presentation. Finally, students need to write a reflective essay addressing four issues—skills gained during the internship, possibilities for further growth, things that were not accomplished, and overall evaluation.

Attachment 1 Declaration of	Internship
Student Name	ID #
Student Program	
Organization's Name	
Dates of proposed internship	

1. Briefly describe the organization where you would like to intern. What type of work does it engage in?

2. Please state your objective in choosing this internship. What do you hope to accomplish through this experience?

3. Describe the duties you anticipate in performing at the organization.

Internship Approved/Internship NOT Approved

Supervisor's signature\_\_\_\_\_Date\_\_\_\_

#### Attachment 2

### **Student Evaluation**

\_\_\_\_\_

Student's Name\_\_\_\_\_

Supervisor's Name and Position\_\_\_\_\_

Organization's Name\_\_\_

*Instructions*: Please fill out this brief form about the student's performance and submit it to \_\_\_\_\_\_(departmental supervisor's name) by e-mail at

\_\_\_\_\_(departmental supervisor's e-mail). We appreciate your honest input and cooperation with our University!

On a scale of 1 to 5 (1 being the lowest, and 5 being the highest), please assess the level of responsibility demonstrated by the student?

Not responsibl	e					Very responsible
	1	2	3	4	5	
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On a scale of 1 to 5 (1 being the lowest, and 5 being the highest), please rate the level of professionalism demonstrated by the student.

Not profession	nal					Very professional
	1	2	3	4	5	

On a scale of 1 to 5 (1 being the lowest, and 5 being the highest), please indicate how punctual was the student during the internship.

Not punctual					Always punctual	
	1	2	3	4	5	

## Final Report

After completing the internship, students must submit a **report** in accordance with departmental guidelines. If a student's internship generated a product, such as a journal article or a software program, then the student needs to demonstrate this product during the oral presentation. Finally, students need to write a **reflective essay** addressing four issues—skills gained during the internship, possibilities for further growth, things that were not accomplished, and overall evaluation.

*Note:* To ensure that students approach their internship experiences seriously, a letter grade be given for their work. This evaluation will be conducted by the department supervisor who will take into consideration evaluation from the on-site supervisor, student's final report and reflective essay. Some departments already successfully engage in this practice, and we can implement it across the board.

## Internal guidelines for supervisors

Internships are an integral part of the educational experience as they provide valuable practical skills that enhance the theoretical foundation. Students need to understand the importance of internships, and in order to achieve this, each department should hold preinternship orientations. During this orientation, the department supervisors will introduce the purpose, expectations, and requirements of the internship, as well as the format of all final reports.

A department faculty member supervises student internships. The role of the supervisor is that of a guide, and the following duties fall under his or her responsibility:

- 1. Approving the internship site,
- 2. Answering students' questions regarding the logistics of internships,
- 3. Consulting students who are taking a research internship,
- 4. Contacting the internship sites and maintaining communication with the organizations' supervisors,
- 5. Overseeing students' work progress,
- 6. Evaluating students' final reports and listening to their presentations.